## What is claimed is:

1. A thin film depositing method comprising the steps of:

placing a substrate in a chamber;

causing a gas to flow into said chamber to heat said substrate through heat exchange with said gas;

evacuating said chamber; and

depositing a film on a surface of said substrate heated in said chamber.

2. A thin film depositing method comprising the steps of:

placing a substrate in a heating chamber;

causing a first gas to flow into said heating chamber to heat said substrate through heat exchange with said first gas;

moving said substrate to a deposition chamber, evacuating said deposition chamber, and then supplying a second gas into said deposition chamber; and

causing an electrical discharge in said second gas such that said second gas decomposes into components which adhere to a surface of said substrate to deposit a film thereon,

wherein said first gas is a gas from which moisture and organic substances have been removed.

- 3. The thin film depositing method according to claim 2, wherein said first gas is an inert gas.
- 4. The thin film depositing method according to claim 2, wherein said first gas is nitrogen gas.
- 5. A thin film depositing apparatus comprising:

a chamber;

a substrate placed in said chamber;

a gas which flows inside said chamber to heat said substrate through heat exchange with said gas; and

a pumping system which evacuates said chamber;

whereby a film is deposited on a surface of said substrate in said chamber.

- 6. A thin film depositing apparatus comprising:
  - a heating chamber;
  - a substrate placed in said heating chamber;
- a gas which flows inside said heating chamber to heat said substrate through heat exchange with said gas; and

a deposition chamber in which a film is deposited on a surface of said substrate, said deposition chamber being located downstream of and connected to said heating chamber through a valve,

wherein said gas is a gas from which moisture and organic substances have been removed.

- 7. The thin film depositing apparatus according to claim 6, wherein said gas is an inert gas.
- 8. The thin film depositing apparatus according to claim 6, wherein said gas is nitrogen gas.
- 9. The thin film depositing apparatus according to claim 6, further comprising a compression cooler which removes moisture and organic substances from said gas.
- 10. The thin film depositing apparatus according to claim 6, further comprising a filter device which removes moisture and organic substances from said gas.